

Laparoscopic Heller myotomy: technical aspects and operative pitfalls.

Achalasia is a rare motor disorder of the esophagus characterized by aperistalsis and impaired relaxation of the lower esophageal sphincter (LES). The etiology of this disease remains unknown. The current treatment is palliative and relies upon surgical disruption of the fibers of the LES. The technical aspects and operative pitfalls of laparoscopic Heller myotomy are described in this article.

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